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Clarification to transcript – see footnote (2) in transcript

...It is great for patients to have their legacy remembered. That is the whole concept of dignity therapy—to leave behind a legacy. However Dr Chochinov's study reported no significant differences in the distress levels of cancer patients, but more of an increase in their sense of dignity and spiritual wellbeing (Chochinov et al, 2011). Similarly our MND dignity study did not show a change in distress but patients reported that it helped them attend to unfinished business, made them feel like they were still themselves, and that they were capable of filling an important role (Aoun et al, 2015).