

Food Insecurity Feedback  
Year 10 & 11 Students

Group Discussion Feedback

I held group discussions with the Year 10 and Year 11 students at [REDACTED] School and below are the suggestions/ideas that came from the discussions about addressing food insecurity.

- Major Supermarkets
  - having weekly discount days for Health Care Card Holder with the discounts applying to all items in the shops.
  - Reducing the prices of healthy foods to make them more available for those on lower incomes
  - Ongoing discounts for those in need
- Remote Locations – government providing subsidies to reduce impact of transportation costs on prices of healthy food in remote communities
- Being able to access the right foods for medical conditions e.g. special dietary requirements can be quite expensive
- More Foodbank locations across the metropolitan area
  - Ask for more people to volunteer at these locations
  - Government funding for the new locations
- More food charities to provide assistance and spread the load around thus providing greater access for those in need
- All schools to provide free lunches for students that require better access to food
- When people are shopping they should only buy what they need and think of others
  - Provide education aimed at helping people write up food plans for the week
- Encourage people to donate to charities that provide food support
  - e.g. through the Cash 4 Cans Program
  - Schools could do fundraising to support charities providing food assistance
- Encourage people to donate to food programs for those in need
- Provide education and support for people to start vegetable gardens at their homes
  - Help with costs to establish vegetable gardens
  - People donating time to help with setting up vegetable gardens
  - Vegetable patches in schools
- The lack of choice some people have in how they are able to cook due to living conditions, homelessness etc.
- Ongoing government help with cost of living expenses
- Support for grey water recycling in homes

[REDACTED]  
Principal  
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